

# **YOUTH CAMP LICENSING STAFF REQUIREMENTS**

## **DIRECTOR OF FIRST AID (FIRST AIDER) OR NURSE**

Proof of all current certifications must be presented during the annual camp inspection to representatives of the Connecticut Department of Public Health to assure that individuals in key staff positions are properly qualified.

### **DIRECTOR OF FIRST AID OR NURSE**

**Please Note: The Director of First Aid or Nurse shall not serve as the Camp Director.**

- A. **The Director of First Aid** must be 21 years of age or older;
- B. The requirement for First Aid and CPR certification may be met by one of the following courses:
  - 1. American Red Cross First Aid/CPR/AED
  - 2. American Heart Association First Aid/CPR/AED
- C. **The Director of First Aid must have one of the following first aid certifications and an approved CPR certification.**
  - 1. Certification in American Red Cross (ARC)
    - a. First Aid – Responding to Emergencies
    - b. Standard First Aid or First Aid
    - c. Emergency Medical Response
    - d. Sports Injury Prevention and First Aid
    - e. Lifeguard Training
    - f. Wilderness and Remote First Aid
  - 2. Certification in American Heart Association (AHA) Heartsaver First Aid

Additional personnel who may serve as the Director of First Aid based on their personal license or credential:

- 1. Physician with a current CT license (or physicians who are licensed in another state, whose standards are equivalent to or greater than those required in this state)
- 2. Physician Assistant with a current CT license “PA”
- 3. Advanced Practice Registered Nurse with a current CT license “APRN”
- 4. Registered Nurse with a current CT license “RN”
- 5. Licensed Practical Nurse with a current CT license “LPN”
- 6. Emergency Medical Services – Instructor with a current CT certification “EMS-I”
- 7. Emergency Medical Technician – Paramedic with a current CT paramedic certification “EMT-P”
- 8. Emergency Medical Technician “EMT” with a current CT certification
- 9. Medical Response Technician “MRT” with a current CT certification
- 10. Athletic Trainer with a current CT license
- 11. Stonehearth Opening Learning Opportunities, Inc. (S.O.L.O.) Wilderness First Aid
- 12. Department of Public Health Approved First Aid Courses for Child Day Care @ [www.ct.gov/dph/daycare](http://www.ct.gov/dph/daycare). Click on Provider Information and under First Aid click on Approved First Aid Courses for Child Day Care

\*Important: Only licensed health care personnel (MD, PA, APRN, RN, LPN) are authorized to implement physician standing orders.

Unlicensed personnel are authorized to implement the first aid instructions. However, they are not authorized to implement physician standing orders.

\*\* An EMT, MRT, or EMT-P working as a camp health care provider may function only at the level of a director of first aid and shall not function at the level of EMT, MRT or EMT-P.

D. **The Director of First Aid/Nurse** must possess one of the following prescribed levels of C.P.R. certification:

1. American Red Cross C.P.R./AED for the Professional Rescuers and Healthcare Providers (2 year certification)
2. American Red Cross C.P.R./AED for Lifeguards (1 year certification)
3. American Red Cross First Aid/CPR/AED

To find an American Red Cross (ARC) CPR class near you go to ARC's website @ <http://www.redcross.org/take-a-class>

American Red Cross - Phone # 1-877-287-3327, 1-877-REDCROSS or 1 800-627-7000

4. American Heart Association BLS (Basic Life Support) for Healthcare Providers (2 year certification)
5. American Heart Association Heartsaver First Aid/CPR/AED

To find an American Heart Association (AHA) CPR class near you go to the AHA's website <http://www.heart.org/HEARTORG/classConnector.jsp?pid=ahaweb.classconnector.home#>

American Heart Association - Phone # 1- 877-AHA-4CPR

**CPR and first aid cards or certificates are required for:**

- All health care personnel
- All lifeguards and waterfront supervisors
- All small craft directors

**If a course was recently taken and the card or certificate has not been received, the Department will accept either a class roster providing the staff's name, the name of the course, the date completed and the instructor's name or a letter from the instructor providing the staff's name, name of the course, the date completed and the instructor's name.**

**Note:** Additional aides under age 21 may be employed if they meet the requirements addressed in **both B or C and D** above, **but shall not be in charge of health care.**